

Dear patients, dear parents,

Manual therapy deals with discovering and treatment of the human movement system. By means of palpation and feeling, muscle tension, skin and subcutaneous swelling as well as joint malfunctions. Blocks can be felt. The special task of the physician is to establish these findings in relation to your complaints, to create a diagnosis and to propose a treatment concept. The inclusion of the whole body is a part of the comprehensiveness of the examination. It is therefore advisable to pay attention to suitable clothing.

Before the doctor's consultation, an introductory consultation is held with the doctors' assistants of our practice. Among other things, the first anamnesis (medical history) is collected. The discussion is made easier if you bring any preliminary reports, possibly existing radiographs etc. Details about pre-existing conditions, medications and previously performed therapies also provide important information. In addition, we are also interested in old and new traumas / accidents - month / year. Even inconspicuous injuries - especially in the last 2 months - are relevant. The reason for this is a possibly altered reaction readiness of the organism.

Pre-existing conditions in family members are as important as vascular and connective tissue disorders (Marfan syndrome, Ehlers Danlos syndrome, polycystic kidney diseases, fibromuscular dysplasia, osteogenesis imperfecta or Recklinghausen's disease). The latter may require a modification of treatment planning.

Treatment with manual techniques is one of the lowest-risk therapies in medicine.

Risks - as with almost all medical interventions - result from unrecognized primary diseases, which can lead to serious complications. For the treatment on the spine column these are highlighted:

- Disc hernias that may deteriorate and cause paralysis
- Vascular tears - in particular the blood-supplying blood vessels - which can lead to severe brain damage in individual cases
- Tumours, inflammation, malformations or fractures

These are reasons why, on the one hand, we attach great importance to a thorough history, but on the other hand, we also examine the patients physically. Nevertheless, it should be noted that even with the most careful examination, such a disease cannot always be detected and treatment-related complications are partly difficult or not capable of being mastered.

Since the medical treatment spectrum of symptoms of the movement system goes far beyond a manual therapy, alternative treatment approaches are common for most symptoms. We are at your disposal for the consideration of the best therapy concept for you.

I have further questions

I do not have any further questions

Name of the patient:

Name of the parent / guardian:

Date of birth:

Date / Signature \_\_\_\_\_  
Patient / parent / guardian

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Physician